



## TO START

EDAMAME, LIME AND WASABI HOUMOUS WITH WARM PITTA £5  
ISLE OF WIGHT TOMATO & WAKAMI SALAD, CRISPY NOODLES, YUZU PONZU £5  
CASTLEHAVEN SEAFOOD COCKTAIL, AVOCADO, CRAB, KING PRAWN, MANGO SALSA £13  
CRISPY FRIED CHICKEN WITH KOREAN CHILLI BEAN PASTE, HONEY AND SOY £7  
DUCK GYOZAS, SMASHED CUCUMBER, SWEET HOI SIN £7

## BAO BUNS

CHASHU PORK & HOI SIN £8      BBQ CHILLI KING PRAWN £9  
SMOKED AUBERGINE + TOFU, TRUFFLE HONEY & SOYA MAYO £8

## CASTLEHAVEN POKE BOWL £13

SUSHI RICE, WAKAMI, PICKLED GINGER, TOMATOES, SMASHED CUCUMBER, MANGO & PINEAPPLE  
SALSA, CRISPY ONIONS AND CHILLI MAYO  
ADD CHICKEN £3      PRAWNS £4      TOFU £3      CRAB £4      SMOKED SALMON £4

## MAINS

BROWN SUGAR, SOY, GINGER AND CHILLI GLAZED FLAT IRON STEAK, FRIES & SALAD £20  
CASTLEHAVEN BURGER, GLAZED CHILLI CAMENBERT, SPICED FRIES & SALAD £15  
TEMPURA OR PAN FRIED CATCH OF THE DAY, FRIES AND SALAD (SEE SPECIALS)  
PAN FRIED CATCH OF THE DAY, THAI CURRY SPECIAL (SEE SPECIALS)  
TERIYAKI GLAZED VEGETABLE KEBAB, BBQ LETTUCE, EDAMAME AND SESAME FRIED RICE £15

## SALADS

RICE NOODLE, SESAME, CHILLI AND MANGO SALAD, PEANUT & LIME DRESSING  
CATCH OF THE DAY      CHICKEN £16      STEAK £20      TOFU £15  
(SEE SPECIALS)

## DESSERTS (PLEASE SEE SPECIALS BOARD)

CASTLEHAVEN CHEESEBOARD  
SELECTION OF ISLE OF WIGHT CHEESES, QUINCE AND CRACKERS £9